

## Schedule of Play

	Fall 2021 16 Weeks	Winter-Spring 2022 16 Weeks
Sunday	9/19-1/16 (not 11/28, 12/26)	1/30-6/5 (not 2/20, 4/17, 5/29)
Monday	9/20-1/10 (not 12/27)	1/24-5/23 (not 2/21, 4/18)
Tuesday	9/21-1/11 (not 12/28)	1/25-5/24 (not 2/22, 4/19)
Wednesday	9/22-1/19 (not 11/24, 12/29)	1/26-5/25 (not 2/23, 4/20)
Thursday	9/23-1/20 (not 11/25, 12/30)	1/27-6/2 (not 2/24, 4/14, 4/21)
Friday	9/17-1/21 (not 11/26, 12/24, 12/31)	1/28-6/3 (not 2/25, 4/15, 4/22)
Saturday	9/18-1/22 (not 11/27, 12/25, 1/1)	1/29-6/11 (not 2/26, 4/16, 4/23, 5/28)

Make-up Days for the Fall Session Tuesday, 1/18 and Sunday, 1/23.

Make-up Days for the Winter-Spring Session Monday, 6/6 and Tuesday, 6/7.



## Tennis Fall 2021–Winter 2022

### Junior Academy – Blue Point

Eastern Athletic Club's Junior Academy offers a wide range of programs for the beginner to the advanced player. Our experienced staff of dedicated tennis professionals are ready to help your child learn and enjoy the sport for a lifetime.



EASTERN ATHLETIC

BLUE POINT 9A MONTAUK HIGHWAY 631 363-2882  
DIX HILLS 854 EAST JERICO TURNPIKE 631 271-6616  
[EASTERNATHLETICCLUBS.COM](http://EASTERNATHLETICCLUBS.COM)



EASTERN ATHLETIC

## Guidelines For All Programs

<b>Membership</b>	<b>No membership is required for program enrollment.</b> Membership is required if a student also wants to use the Fitness Center.
<b>Fees</b>	A deposit of 25% must be made upon registration. A payment plan of three additional payments is allowed after registration. It is also understood that enrollment in any of our programs is for the full session and no refunds will be given for withdrawals after the session begins.
<b>Social Distancing</b>	Orange Ball, Green Ball, and Player Development groups will be limited to 5 players per court to ensure social distancing. Red Ball groups will be limited to 10 players because they play over mini nets.
<b>Make-ups</b>	Due to social distancing protocols and enrollment limitation, there are no make-ups allowed during the session; make-up classes will be offered towards the end of each session. For Private Lessons, 2 make-ups are allowed for the 16-week session.
<b>Pros</b>	We reserve the right to substitute pros.
<b>Mask wearing</b>	<b>Junior tennis players are required to wear masks during play until further notice.</b>
<b>Registration Contact</b>	Gary Gaudio: tel. 631 363-6063; eacjrtennis@gmail.com Registration can be done by phone or email.

## Fall 2021 and Winter 2022 16-Week Programs

### 10-and-Under Tennis Ages 5–10

This program uses low-compression red and orange tennis balls, smaller racquets, and shorter courts to help players develop tennis skills, learn the game, rally and play.

Level	Schedule (16 weeks)	Fee
Red Ball (Ages 5-8)	Monday, 4-5pm	\$ 475
	Wednesday, 4-5pm	\$ 475
	Thursday, 4.30-5.30pm	\$ 475
	Friday, 4.30-5.30pm	\$ 475
	Saturday, 11am-12noon	\$ 475
Orange Ball (Ages 8-10)	Monday, 5-6pm	\$ 525
	Wednesday, 4-5pm	\$ 525
	Thursday, 4.30-5.30pm	\$ 525
	Friday, 5.30-6.30pm	\$ 525
	Saturday, 1-2pm	\$ 525

### Green Ball Ages 11–13

The Green Ball program is for those students who have completed Orange Ball level or who are at an Intermediate level. The green ball is a low-compression tennis ball; this class is the final level before the Player Development program.

Level	Schedule (16 weeks)	Fee
Green Ball (Ages 11-13)	Monday, 5-6pm	\$ 525
	Thursday, 5.30-7pm	\$ 795
	Saturday, 2-3pm	\$ 525

### Future Stars Ages 8–11

This class is for Advanced Orange and Green Ball players ages 11 and under, and is designed to challenge them, to develop their skills, and to prepare them to compete in matches. Enrollment is by invitation only.

Level	Schedule (16 weeks)	Fee
Orange Ball	Tuesday, 4.30-6pm	\$ 795
Green Ball	Friday, 5-6.30pm	\$ 795

## Semi-Private Lessons

With only 2 students per court, these lessons offer individual attention of a Staff Pro with the benefit of peer support. Students form their own group and register together. The fee is per student.

	16 Lessons	Single Lesson
½-hour	\$ 595	\$ 45
1-hour	\$ 995	\$ 70

## Private Lessons

These lessons are a great way to improve a player's game with the individual attention of a Staff Pro. Each lesson is focused on the specific needs of each student, including skill development, strategy, and mental skills.

	16 Lessons	Single Lesson
½-hour	\$ 995	\$ 70
1-hour	\$ 1795	\$ 120

## Junior League

The Junior League is supervised match play for boys and girls in Orange, Green, and Intermediate-Advanced programs. The League is excellent for players who want to further develop their game with competitive match play. Players will face a different opponent each week and standings will be posted based on the results. Players must be enrolled in another program or Lessons in order to participate.

Level	Schedule (16 Weeks)	Fee
Orange, Green, and Intermediate-Advanced	Sunday, 12-6pm	\$ 175

## Player Development

Four exciting programs for Advanced Beginners to Tournament Players. Each class includes the use of interactive courts featuring live-ball hitting, game-based drills, and point play. Proper court positioning, footwork, shot selection, strategy, and progressions will be taught. Fitness training segments will be used to build stamina and endurance. Students will learn how to compete and challenged to excel.

Level	Schedule (16 Weeks)	Fee
High Performance (ages 14+)	Thursday, 5.30-7.30pm	\$ 925 by invitation only
Elite (ages 11-14)	Wednesday, 5-7pm	\$ 925 by invitation only
Varsity Excel (ages 13+)	Monday, 7.30-9pm	\$ 795
Challenge (ages 11-16)	Tuesday, 5.30-7pm	\$ 795
	Friday, 6.30-8pm	\$ 795

## Match Competition Training Days

These Training Days are designed to prepare players with tactical and mental skills for singles and double match competition. Training sessions will be posted each month and sign-up will be in advance.

**Fee** \$50 per player per session.

## 10-and-Under Play Days

For Red, Orange, and Green Ball players, the Play Days are comprised of drills, games, and match play. Sessions will be posted each month and sign-up will be in advance.

**Fee** \$50 per player per session.

All rates valid through June 30, 2022.

