

Drill

Fast-paced drills are geared to all of the major strokes: forehand, backhand, serve and return, volley, lob, and over-head, as well as the complete game. The Drill Program is designed for all levels of students. The drills reinforce stroke development learned in the Lessons Program. 1 instructor for 8 students.

Schedule	(16 Weeks)	Fridays	Sundays
Dix Hills	All levels	6-7pm	5.30-6.30pm
Melville	All levels	6-7pm	—

Fee \$525 without Lessons & League Series.
\$350 with Lessons Series (½-hour Private or 1-hour Semi-Private).
\$175 with Lessons Series (½-hour Private or 1-hour Semi-Private) and an additional Junior Academy program.

For the Beginner Drill

This Drill program is designed for the beginning tennis player. Beginner drills reinforce stroke development learned in the Lessons Program. The student must be enrolled in a For the Beginner Class to participate.

Schedule	(16 Weeks)	Saturdays	Sundays
Dix Hills	Ages 5-7	—	11.30am-12pm or 12-12.30pm
	Ages 8-10	—	11.30am-12.30pm
Melville	Ages 5-7	3-3.30pm or 3.30-4pm	—
	Ages 8-10	3-4pm	—

Fee \$200 ½-hour Drill.
\$350 1-hour Drill.

USTA-sanctioned Tournaments

See the USTA Junior Tournaments flyer for details.

USTA Junior Team Tennis

Coed teams (minimum 3 boys and 3 girls) compete in USTA Junior Team Tennis. Winning teams may even go to the Regionals (additional expenses apply). Fee includes all matches at Eastern Athletic clubs, 10 supervised team practices, and a Team shirt. Away match (not Eastern Athletic) fees at other clubs are an additional and range from \$15 to \$20 per player per match.

Schedule	Level
Dix Hills-Melville	U12-U18 November, 2017–May, 2018

Fee \$475.

FREE Open Time for Junior Academy Players

To qualify, a player must be enrolled in a 17-week program and all course fees paid in full. Courts are very limited and may be booked up to 6-hours in advance. If a junior not in the Junior Academy or an adult plays on the court, that person must pay his or her portion of the Open Time Fee and any applicable Guest Fee.

Schedule Fall 2017–Winter 2018

	Fall 2017 17 Weeks	Winter-Spring 2018 17 Weeks
Sunday	9/10-1/21 (not 11/26, 12/24, 12/31)	1/28-6/10 (not 2/18, 4/1, 5/27)
Monday	9/11-1/22 (not 12/25, 1/1, 1/15)	1/29-6/11 (not 2/19, 4/2, 5/28)
Tuesday	9/12-1/16 (not 10/31, 12/26)	1/30-6/5 (not 2/20, 4/3)
Wednesday	9/6-1/17 (not 9/20, 11/22, 12/27)	1/31-6/6 (not 2/21, 4/4)
Thursday	9/7-1/18 (not 9/21, 11/23, 12/28)	2/1-6/14 (not 2/22, 3/29, 4/5)
Friday	9/8-1/26 (not 9/22, 9/29, 11/24, 12/29)	2/2-6/15 (not 2/23, 3/30, 4/6)
Saturday	9/9-1/27 (not 9/30, 11/25, 12/23, 12/30)	2/3-6/16 (not 2/24, 3/31, 4/7)



BLUE POINT 9A MONTAUK HIGHWAY 631 363-2882
DIX HILLS 854 EAST JERICHO TURNPIKE 631 271-6616
MELVILLE 100 RULAND ROAD 631 420-1310
EASTERNATHLETICCLUBS.COM



Tennis Fall 2017–Winter 2018

Junior Academy – Dix Hills & Melville

Eastern Athletic Club's Junior Academy offers a wide range of programs for the beginner to the advanced player. Our experienced staff of dedicated tennis professionals are ready to help your child learn and enjoy the sport for a lifetime.



Guidelines For All Programs

Membership	NO MEMBERSHIP REQUIRED TO PARTICIPATE IN LESSON PROGRAMS. Membership is required if a student also wants to use the Fitness Center.
Fees	To guarantee your reservation, all fees are to be paid in full upon registration (payment plans are available for a small additional fee). It is also understood that enrollment in any of our programs is for the full session and no refunds will be given for withdrawals after the session begins.
Make-ups	No credit for missed sessions. No make-ups for any program except Private and Semi-Private lessons. No make-ups without 48-hours advance notice to cancel the entire lesson. Limited to 1 cancellation per session. Any authorized make-up must be completed by June 18, 2018.
Pros	We reserve the right to substitute pros.
Basics	If your child participates in other sports or has other commitments, please take this into consideration when booking their lesson spot—it will be very difficult to make changes once the program is underway.
Contact	Dix Hills 631 271-2624 Melville 631 773-6293 EacTennis@yahoo.com EacMatchplay@yahoo.com

Fall 2017 & Winter 2018 17-Week Programs (except as noted)

Private Lessons

These lessons are the best way to improve your child's game with the individual attention of our experienced tennis professionals. Each lesson is focused on the specific needs of the student, from basic skills to game-winning strategies.

		17 Lessons: Staff Pro		Head Pro		Single Lesson: Staff Pro		Head Pro	
Dix Hills-Melville	½-hour	\$1120	\$1180	\$ 70	\$ 75				
	1-hour	\$2065	\$2180	\$ 130	\$ 140				

Semi-Private Lessons

With only 2 students on the court, these lessons offer individual attention with the benefit of peer support. Students form their own semi-private group and register together. Fee is per student.

		17 Lessons: Staff Pro		Head Pro		Single Lesson: Staff Pro		Head Pro	
Dix Hills-Melville	½ hour	\$ 645	\$ 695	\$ 40	\$ 45				
	1 hour	\$1120	\$1180	\$ 70	\$ 75				
	1½ hour	\$1655	\$1735	—	—				

Create Your Own Group Lessons

A weekly lesson with one of our dynamic tennis professionals. Students form their own group and register together. Fee is per student.

	17 Weeks	Group 3	Group 4	Group 5	Group 6-8
Dix Hills-Melville	½-hour	\$ 415	—	—	—
	1-hour	\$ 785	\$ 595	\$ 475	—
	1½-hour	—	\$ 875	\$ 685	\$ 595

For The Beginner

A weekly lesson with a Club Pro. Classes are scheduled weekday afternoons according to age groups. This is an affordable and effective introduction to the game offering 1 Pro per 4 students for a ½-hour or 1-hour lesson each week.

Schedule	(17 Weeks)	Tuesday	Wednesday	Saturday
Dix Hills	Ages 5-6	4-4.30pm	4-4.30pm	9.30-10am
	Ages 7-8	4.30-5pm	4.30-5pm	10-10.30am
	Ages 9-11	4-5pm	4-5pm	9.30-10.30am
	Ages 12+	5-6pm	5-6pm	10.30-11.30am
Melville	All ages	—	—	afternoons; times set according to requests

Fee ½-hour lesson \$415; 1-hour lesson \$595

Mommy and Me Ages 3-5

Take a tennis lesson while your child is having fun taking their own! Great for the beginner to advanced beginner. Attention to the fundamentals of tennis including ground strokes, serve and volley. The children's class teaches the fundamentals while using specialized teaching aids in order to have fun while learning.

Schedule	(8 Weeks)
Dix Hills	Tuesdays, 1-2pm Thursdays, 1-2pm
Melville	Tuesdays, 11am-12pm Thursdays, 10.30-11.30am

Fee \$199 adults, \$99 each child; 1-hour lesson (8 weeks).

Elite Player Training—by invitation only

Instruction, drills, and match play for Elite players by invitation only. Proper court positioning, footwork, shot selection, strategy and progressions will be taught. Fitness training segments will be used to build stamina and endurance. This program offers competitive players the coaching they need to excel. 5 students per court per pro. Fee is per student.

Schedule	Level
Dix Hills	Contenders (Boys) Tuesdays, 5-6.30pm Contenders (Girls) Wednesdays, 6-7.30pm
Melville	Davis-Fed Cup (Coed) Wednesdays, 7.30-9pm Contenders (Girls) Thursdays, 6-7.30pm High Performance (Boys) Thursdays, 7.30-9pm

Fee 1½-hour lesson \$685.

Coed Supervised League (16 weeks)

This supervised singles/doubles league is for Intermediate to Advanced players. It offers match play with a Pro supervising play and offering a post-match critique. All participants must be rated for proper placement. Each student plays 12 of 16 weeks, allowing for 4 "byes".

Schedule	Level
Dix Hills-Melville	Level 1 Sundays, 12.30-1.30pm Level 2 Sundays, 1.30-2.30pm Level 3 Sundays, 2.30-4pm Level 4 Sundays, 4-5.30pm Level 5 Sundays, 5.30-7pm

Fee 1-hour \$425; 1½-hour \$585.

All rates valid through June 30, 2018.

