



Adult Tennis Programs

Dix Hills Fall 2026-Winter/Spring 2027

Lessons provide a strong foundation, give confidence that allows growth, and hone already advanced skills. Drills strengthen your strokes and game skills, plus warm you up for a match. Join one of our exciting programs to really improve your game and enjoyment of the sport.



EASTERN ATHLETIC

Guidelines For All Programs

Fees	To guarantee your reservation, all fees are to be paid in full upon registration. It is also understood that enrollment in any of our programs is for the full session and NO REFUNDS will be given for withdrawals after the session begins. All rates valid through June 30, 2027.
Make-ups	NO CREDIT for missed sessions.
Membership	No membership is required. A discounted Membership is available for use of the Fitness Center.
Contact	631 773-6293, eactennis@yahoo.com
Directors	Laurie Tenney Fehrs, Michael Fehrs

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Private Lessons

These lessons are the best way to improve your game with the individual attention of the Club Pro. Each lesson is focused on the specific needs of the student, from basic skills to game-winning strategies.

	17 Lessons	Single Lesson
½-hour	\$1625	\$ 95
¾-hour	\$2410	\$ 140
1-hour	\$3145	\$ 180

Semi-Private Lessons

With only 2 students on the court, these lessons offer individual attention with the benefit of peer support. Students form their own group and register together. The fee is per student.

	17 Lessons
½ hour	\$ 855
¾-hour	\$1235
1 hour	\$1625

Group Lessons

A weekly lesson with a Club Pro. Classes are scheduled based on player and court availability. Students form their own group and register together. The fee is per student.

	Group 3 17 Lessons	Group 4 17 Lessons
¾-hour	\$ 855	\$ 695
1-hour	\$1115	\$ 855
1½-hour	\$1625	\$1185

Zone

Fast-paced point play with a touch of King-of-the-Court. Positions change with points won and lost.

Level		6 Plays	12 Plays	16 Plays	Single day
2.5	Monday, 11am-12.30pm	\$ 395	\$ 725	\$ 995	\$ 75
3.5-4.0	Monday, 9.30-11am	\$ 395	\$ 725	\$ 995	\$ 75
3.25	Tuesday, 9.30-11am	\$ 395	\$ 725	\$ 995	\$ 75
2.75-3.0	Wednesday, 12.30-1.30pm	\$ 275	\$ 525	\$ 675	\$ 50
3.5-4.0	Wednesday, 9.30-11am	\$ 395	\$ 725	\$ 995	\$ 75
3.0	Thursday, 9.30-11am	\$ 395	\$ 725	\$ 995	\$ 75
2.75-3.0	Friday, 9.30-11am	\$ 395	\$ 725	\$ 995	\$ 75

League Level 3.0-4.0

Men's Singles league set up like a ladder. A match is scheduled each week Monday through Thursday night depending upon your availability. Opponents are determined by the previous week's score, which moves your placement up or down the ladder.

Weeknights, 9-11pm \$ 695 (play 12 of 16 weeks)



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BLUE POINT 9A MONTAUK HIGHWAY 631 363-2882
DIX HILLS 854 EAST JERICO TURNPIKE 631 271-6616
EASTERNATHLETICCLUBS.COM

